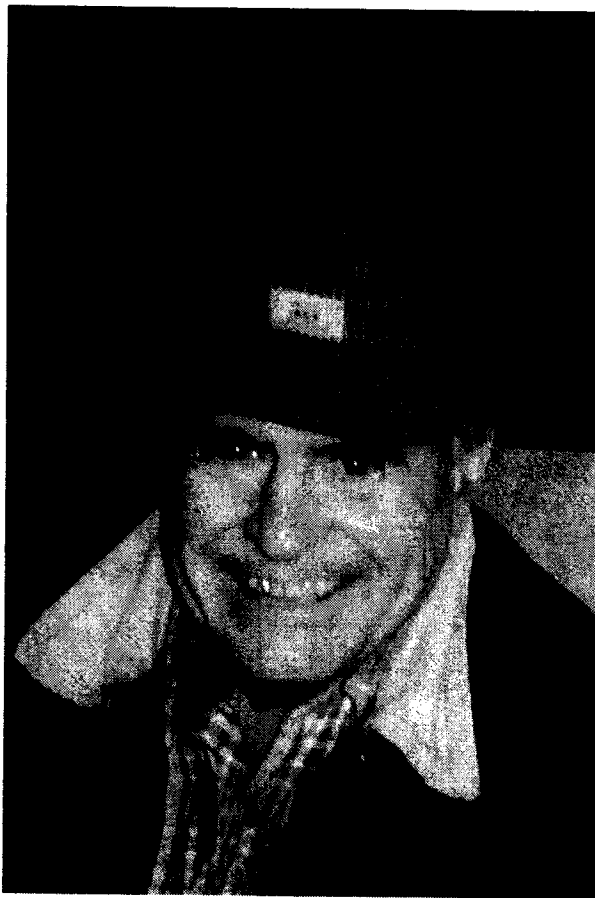


**FIRST UNITED CHURCH OF CHRIST  
NORTHFIELD, MINNESOTA**



A Service of Thanksgiving  
for the life of  
Michael Warren Frame  
October 28, 1940 – May 23, 2008

# A Service of Thanksgiving for the life of Michael Warren Frame

11:00 a.m., Saturday, May 31, 2008

Prelude

Jesu, Joy of Man's Desiring

Bach

Welcome (Excerpt from Radio Nepal)

Opening Words

Here Comes the Sun

The Beatles

Readings from Mike's Breakfast: Cooking in Nepal and Then Some

From "When in Rome, eat as the Romans eat"

From "Child Labor"

\*Hymn

Tis a Gift to be Simple

'Tis the gift to be sim-ple, 'tis the gift to be free, 'Tis the  
gift to come down where we ought to be, And when we find our-selves in the  
place just right, 'Twill be in the val - ley of love and de-light.  
When true sim - plic - i - ty is gained, To  
bow and to bend we shan't be a-shamed, To turn, turn, will  
be our de-light 'Till by turn - ing, turn - ing we come round right.

Homily

**\*Doxology** Praise God From Whom All Blessings Flow

Praise God from whom all blessings flow; Praise him, all creatures here below;

Praise him above, ye heavenly host: Praise Father, Son, and Holy Ghost. Amen.

**Words of Remembrance**

*The family invites you to share a story or remembrance about Mike.*

**Musical Reflection** from Fantasie-Impromptu

Chopin

**Words of Remembrance (continued)**

**Readings from Mike's Breakfast (continued)**

From "Questions"

**\*Hymn** #395: In Christ There Is No East or West

**\* Commendation**

**\*Benediction**

**Postlude**

The Happy Blacksmith  
Irene, Good Night

Handel  
Traditional

All are invited to the church Assembly room for refreshments and fellowship following the service.

Arrangements for refreshments and fellowship have been made by the First UCC Special Functions Committee.

Worship leader: Rev. Sandra Johnson

Music: Theo Wee

## **A Message from Mike's business partner in Nepal**

We have kept a condolence book in Mike's Breakfast from May 26<sup>th</sup> in front of the portrait of Mike where we have also kept a diyo (a wick lamp) lighted till May 31<sup>st</sup>.

We are having six Buddhist lamas (monks) offer special prayers on May 28<sup>th</sup> from 7:00 a.m. - 3:00 p.m.

We are having a memorial service on 31<sup>st</sup> May from 10:00-12:00 noon, where all friends and acquaintances will get together to remember Mike.

The same evening we will be lighting 108 diyos at Pashupati Arya Ghat (cremation grounds) and all will float in Bagmati River. Simultaneously we will be lighting 108 lamps in Bouddhanath stupa to pray for Mike's peace and happiness in the life hereafter.

Best regards, *Dilip and Kabita*

### **Michael Warren Frame**

Mike died May 23, 2008, after a 7 year battle with Multiple Myeloma. In Nepal there will be a Bhuddist Puja all day Wednesday, May 28<sup>th</sup>, and a memorial gathering on Saturday, May 31<sup>st</sup>, at Mike's Breakfast in Kathmandu.

Mike was born on October 28, 1940, to William Gibson Frame and Minnie Errington Frame in Northfield. He graduated from Northfield High School and Carleton College and did post graduate work in Agricultural Economics at the University of Minnesota. From 1962 - 1969 he served 2 terms as a Peace Corps volunteer and worked for U.S. AID in agriculture in Nepal. For the next 9 years he farmed at Bubbling Springs Farm near Menomonie, Wisconsin, and did Peace Corps training. His love for Nepal brought him back as an Associate Peace Corps Director for Rural Development from 1980-1985. In 1988 Mike opened the world-famous restaurant, Mike's Breakfast, in Kathmandu, Nepal, where it has been popular with locals and tourists for the past 20 years. In 1997 he opened Hotel Fewa and Mike's Restaurant in Pokhara which has become a destination for trekkers and travelers. Mike received the Distinguished Achievement Award from Carleton College in 2007 for his work in Nepal.

Mike was a cook, gardener, farmer, guilder, and author (Mike's Breakfast: Cooking in Nepal and Then Some.) Through his generosity and outreach he has influenced and changed the lives of numerous people. We will miss his rare sense of humor. He is survived by his sister Mary Ellen Frame, Northfield; brothers William E. (Sandy) Frame, Pine Island, and David M. (Claire) Frame, Albert Lea; and 5 nieces and 3 nephews. He was preceded in death by his parents.